

WOMEN'S CLINIC, LTD.

Catheter Removals

1. Mentor Catheter
2. Urine Hat
3. 500cc Bottle of NSS
4. 60cc Syringe
5. 10cc Syringe
6. Uterine Dressing Forceps
7. Betadine and Swabs
8. Urine Cup
9. Alcohol pad
10. K Y Jelly

1. Have patient undress from the waist down, empty the cath bag into the toilet. Unhook leg straps, sit on the table with the sheet draped over her lap.
2. Clamp cath tubing with the Uterine Dressing Forceps. Throw catheter bag away. Wipe off tubing with an alcohol pad.
3. Fill the 60cc syringe with NSS and instill a total of 240cc (or what patient is able to tolerate-sometimes may only tolerate 180cc) of NSS into the patient's bladder via the cath tubing. Drain catheter balloon with the 10cc syringe. Have patient take a deep breath and slowly remove the patient's catheter. Place urine hat in the toilet and have patient urinate into the hat.
4. After patient has urinated have patient again sit on the table. Measure and document how much patient has urinated.
5. Cleanse patient's urethra with betadine and swabs. Dip mentor catheter into K Y jelly and place catheter into bladder to check for that the residual is less than 75cc. If residual is over 75cc teach patient to self cath.

***I make sure I have an extra Foley catheter with bag available in case patient can not void.