

Date : _____

Name: _____

Pre Rx Post Rx

Pelvic Pain and Urgency/Frequency Patient Symptom Scale (PUF)

		0	1	2	3	4	Symptom Score	Bother Score	
1	How many times do you go to the bathroom during the day?	3-6	7-10	11-14	15-19	20+			
2	a. How many times do you go the bathroom at night?	0	1	2	3	4+			
	b. If you get up to go to the bathroom at night does it bother you?	Never	Mildly	Moderate	Severe				
3	Are you currently sexually active? Yes _____ No _____								
4	a. If you are sexually active, do you have pain or symptoms during or after sex?	Never	Occasionally	Usually	Always				
	b. If you have pain, does it make you avoid sexual intercourse?	Never	Occasionally	Usually	Always				
5	Do you have pain associated with your bladder or in your pelvis (vagina, lower abdomen, urethra, vulva)?	Never	Occasionally	Usually	Always				
6	Do you have urgency after going to the bathroom?	Never	Occasionally	Usually	Always				
7	a. If you have pain, is it usually...		Mild	Moderate	Severe				
	b. Does your pain bother you?	Never	Occasionally	Usually	Always				
8	a. If you have urgency, is it usually...		Mild	Moderate	Severe				
	b. Does your urgency bother you?	Never	Occasionally	Usually	Always				
Symptom Score = (1, 2a, 4a, 5, 6, 7a, 8a)									
Bother Score = (2b, 4b, 7b, 8b)									
Total Score (Symptom Score + Bother Score)									

Notes: