



# *Women's Clinic, Ltd.*

## **Female Pelvic Medicine & Reconstructive Surgery**

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### **Rescue Instillations**

A rescue solution (aka rescue cocktail) is a customized solution that is placed into your bladder to reduce pain and discomfort. These instillations are done in the doctor's office and requires the use of a catheter (this office uses a pediatric sized catheter).

Rescue installations are designed to help restore the mucous in the bladder, to fight pain and inflammation. The core pain fighting ingredient is lidocaine. Heparin is used to help restore the bladder mucous and to create a protective barrier in the bladder. Sodium Bicarbonae is used to decrease the acidity in the bladder.

When you come for an installation, you will be asked for your weight and blood pressure, have your medications reviewed and asked for a clean catch urine specimen. Please do not void prior to your appointment. The nurse will check your urine for infection prior to the installation. You will be asked to change from the waist down and sit on exam table. A pediatric catheter will be placed in your bladder and the rescue solution will be instilled.

You will be requested not to void for at least 60 minutes after the installation. If you have any questions please call 610-374-2214.